GRETA

THE GARAGE

BRIDGE

SPA TREATMENT

ELEMIS

The Garage Spa

AN AWARD WINNING SPA EXPERIENCE
NESTLED IN THE DURHAM DALES

The Garage Spa offers a haven for rest and relaxation, restorative treatments and pampering beauty treats. The spa garden is a social space to enjoy all year round, whilst our whispering lounge offers an area for quiet relaxation, our thermal suite will invigorate you and our bubbly hot tubs are just divine.

Elemis Facials

Superfood Facial
25 mins £40 / 55 mins £60

Using a blend of highly-concentrated superfoods such as broccoli seed oil, kale and avocado, designed to pack stressed dull skin with energizing actives. This facial is clinically proven to leave the skin plumper, radiant and glowing with good health.

The Sensitive Skin Soother Facial
25 mins £40 / 55 mins £60

Fragile skin needs special attention, a soothing massage routine technique helps reduce the appearance of redness & protect against daily stresses. Texture and moisture levels are dramatically restored. Skin left supremely soothed, comfortable and calm.

Pro Collagen Age Defy
25 mins £45 / 55 mins £75

Tackle fine lines & wrinkles with the clinically proven* age-defying benefits of our Marine Algae Complex, one of our hero ingredients. Targeted massage encourages optimum cellular function for nourished, younger-looking skin.

Pro Collagen Definition Lift & Contour
25 mins £50 / 55 mins £75

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

Peptide 24/7 Skin Sync
25 mins £45 / 55 mins £60

Target tired skin with this Radiance restoring Peptide 24/7 Facial. Powerful botanical formulations, exclusive to elemis are combined with specialist massage techniques to replenish skin with a well-rested glow.

Dynamic Resurfacing Precision Peel
25 mins £45 / 55 min £70

Clinically proven to target the signs of ageing & uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

Body Treatments

Monoi Body Buster
40 mins £45

Using frangipani body scrub to slough away the dead skin cells on the back leaving you smooth and invigorated, followed by a deeply relaxing back and scalp massage to restore vitality and well being.

Frangipani Full Body Scrub
40 mins £35

Firstly your body is stimulated by the therapist using a body brush to get rid of dead skin cells and promote skin health. Using frangipani body scrub your therapist will then gently sweep away dry skin and leave the skin smooth and refreshed. This treatment will leave you with a radiant glow.

Frangipani Body Ritual
75 mins £75

The frangipani ritual commences using the frangipani scented scrub, full body massage using exotic frangipani oil to nourish thirsty skin leaving you hydrated and invigorated.

Scalp Massage
25 mins £25

A relaxing and deep head and neck massage, focusing on stress relief within the shoulders. Perfect to be added onto a facial or on its own.

Muscle Ease Leg Therapy
25 mins £30

Perfect for tired achy legs, using frangipani scented scrub to stimulate the muscles, a warm body oil is then applied and lastly cooling refreshing gel is applied to the calf's leaving the legs relaxed and eased.

Full Body Massage
55 mins £60

Back, Neck & Shoulder Massage
25 mins £35

Our Deep tissue massages are specifically catered for your needs. Your therapists will relieve tension and adapt the massage specifically to suit you. Using a blend of essential oils the therapist will manipulate the body tissues and promote wellbeing.

Reflexology
40 mins £45 / 75 mins £75

An ancient holistic therapy working on pressure points on the feet. This treatment concentrates on applying appropriate pressure and massaging certain points to leave all other body parts stimulated and energized.

Hopi Ear Candle & Mini Scalp Massage
45 mins £40

Reduce inflammation in the sinuses, ears and relieve hay fever symptoms with the ancient ear candling. This ancient practice has been around for centuries and is a less painful way to syringe ears and leave the body balanced. The treatment also consists of a relaxing scalp massage.

Body Treatments

Back, Scalp & Foot Therapy
60 mins £70

Your therapist will pick an oil to suit your concerns, the massage will work deep into your tension and encourage optimum circulation and relieve muscle aches within the back, scalp and feet.

Hot Stone Massage
60 mins £75

Balinese stones are used to get deep into the muscle tension, the skin is deeply nourished using frangipani monoi body oil leaving you relaxed and invigorated.

Muscle Ease Body Therapy
45 mins £45

A warm oil will be chosen by your therapist to suit your needs, Swedish massage movements will detox and balance your back, legs and feet. Lastly a refreshing gel will be applied to your calf's for ultimate relaxation.

Elemis Biotec Facials

ELEMIS BIOTEC Line Eraser
30 mins £35 / 55 mins £75

Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven* facial treatment that effectively irons out wrinkles and fills out lines.

ELEMIS BIOTEC Radiance Renew
30 mins £35 / 55 mins £75

This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.

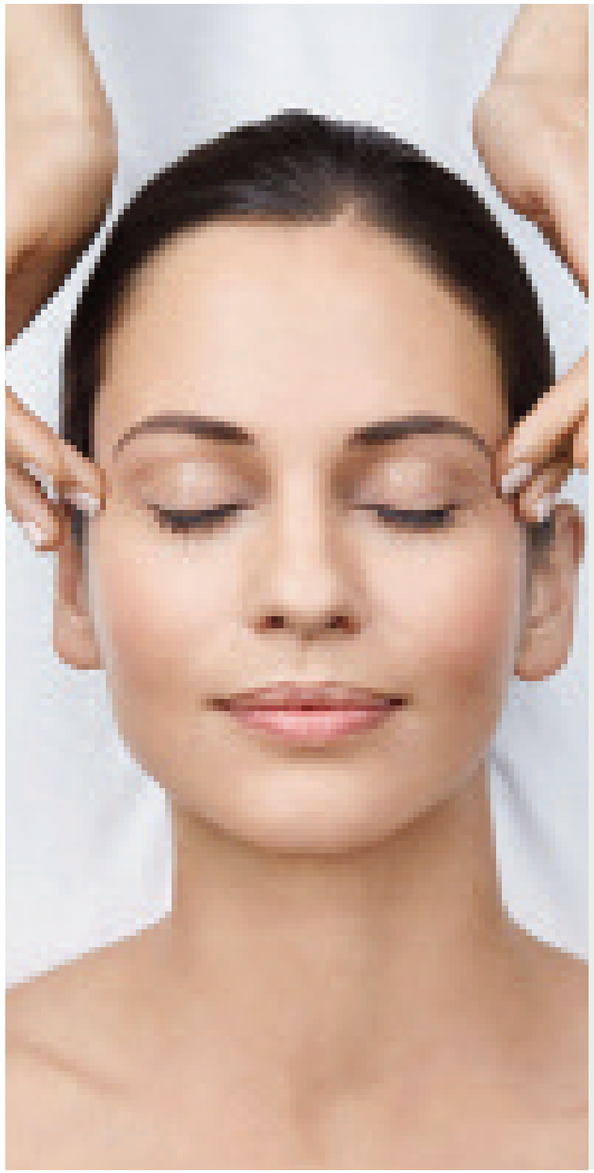
ELEMIS BIOTEC Skin Resurfacer
30 mins £35 / 55 mins £75

This revolutionary clinically proven* facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.

We recommend to see a real difference with BIOTEC to book a course of treatments.

Course of 4
55 minute facial £225 receiving one free facial

Course of 6
55 minute facial £375 receiving one free facial



Body Detox & Therapy

Thousand Flower Detox Wrap
60 mins £55

This nutrient-rich detox treatment starts with a body brush to stimulate circulation and help get rid of dead skin cells, your body is then exfoliated leaving the skin smooth and invigorated. The wrap is then applied which uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification while you relax on our warm dry float.

Detoxifying Body Envelopment
90 mins £80

An invigorating face and body treatment which begins with the body being stimulated by a body brush; this aids the removal of dead skin cells. The body is then exfoliated using the Frangipani intense cleansing salt scrub to leave the skin glowing and radiant. The therapist will then apply the detoxifying thousand flower wrap and perform a relaxing superfood mini facial, this treatment is perfect for head to toe luxury and will leave you feeling radiant.

Revitalizing Pregnancy Therapy
75 mins £75

This gentle therapy starts with a full body massage using a rich cream to strengthen and firm the skin. The therapist will use massage techniques to suit pregnancy to relieve tension and leave muscles feeling relaxed. Your treatment is complete with our superfood radiance facial to leave you with a pregnancy glow.

Manicures & Pedicures

Express Manicure
25 mins £23

Hands and cuticles are conditioned and moisturised. Nails are beautifully shaped, treated with a prescriptive basecoat and completed with a perfect polish.

Prescriptive Manicure
45 mins £35

Nails are analysed and treated for their specific type. Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with a perfect polish.

Zenspa Pedicure
45 mins £40

Awaken your senses and discover the restorative powers of our Zenspa Pedicures. Dead skin is removed and the feet are cleansed, exfoliated and massaged leaving them invigorated. Cuticles are prepped, toe nails are shaped and a perfect polish is applied.

Zenspa Pedicure Deluxe
75 mins £55

Jessica's zenspa pedicure with the luxurious thermal heated booties added for extra relaxation. This is excellent for aches, pains and improving circulation.

Geleration Nail
add on £10.00

Existing Gel Removal
£15

The beauty of Jessica but in gel. This gel polish protects the nails and delivers a long lasting flawless finish dry within seconds. An application of geleration can be added to any manicure or pedicure.

Tanning

St Tropez Spray Tans
30 mins £25

The St Tropez Spray Tan is a perfect way to create a natural tan. Alongside revolutionary depth of tan options, this versatile mist also ensures quick-drying, streak-free application and provides skin with ultimate hydration, ensuring gorgeous long-lasting results. Complete with Aromaguard Fragrance Technology, this high-quality formula eliminates the self-tan scent and also ensures a professional finish every time We also have the express bronzing mist which develops in 1-3 hours, perfect for last minute occasions.

Eyes

Eyelash Tint
30 mins £20

Eyebrow Tint
15 mins £15

Eyelash & Eyebrow Tint
45 mins £25

Please note a 48 patch test is required before tinting.

Waxing

Eyebrow Shape £15

Half Leg Wax £27

Full Leg Wax £35

Under Arm Wax £12

Lip or Chin £12

Back Wax £30

Standard Bikini Wax £15

Extended Bikini £18

Alternative Therapies

Rasul Mud Treatment
40 mins £15pp

A deep cleansing mud treatment, you will enter a mud chamber and cover yourself in the detoxifying mud. The natural active ingredients will cleanse your skin while the room is filled with steam to cleanse deep within the pores. To remove the mud you will then apply Himalayan rock salt to leave you cleansed and invigorated.

Dry Floatation
30 mins £15

A dry floatation treatment takes place on a special bed- complete with mattress filled with warm water. This allows you to be warm and comfortable while feeling weightless similar to being in water. Perfect to warm the muscles before a treatment.

Hammam
25 mins £30

This tried and testing exfoliating technique dates back to roman times and requires a chemist's brew of hot water and Himalayan rock salt. Your therapist knows exactly when to douse and when to drench, when to scrub and when to soak. You will walk out the hammam relaxed and glowing. This treatment is perfect for a pre-holiday glow to remove dead skin cells.

Roof Top Cabriolet
60 mins £40

Ideal for couples seeking absolute privacy, a beautiful outdoor copper tub is filled and situated on a private rooftop terrace.

THE
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